



# Bishop Martin CE Primary School



## Personal Development in the LIGHT Curriculum

	Autumn One	Autumn Two	Spring One	Spring Two	Summer One	Summer Two	
<b>Christian Values</b>	Thankfulness	Trust	Perseverance	Justice	Service	Truthfulness	
<b>British Values</b>	Rule of Law	Democracy	Responsibility and Individual Liberty		Mutual Respect and Tolerance		
<b>Whole School</b>	Anti-Bullying Week Poet Visit – Paul Delany Remembrance Day Black History Day World Mental Health Day Sparkle and Glow Disco Christmas Movie Night International Day of Peace Celebrating Differences Worship Spirit in Worship Harvest – Food Bank Collection		Safer Internet Day Science Week Times Table Rockstars Day World Oral Health Day World Art Day World Book Day Easter Movie Night Celebrating Differences Worship Spirit in Worship Easter Bonnet Parade		Sports Day Summer Fayre World Geography Day Celebrating Differences Worship Spirit in Worship		
<b>Example of Extra-Curricular Activities</b>	Fundamental Skills, Drama, Christmas Crafts, Choir, Karaoke, Computing, Spanish, Mindfulness, Multiskills, Times Table Rockstars, Football, Science, Netball, Basketball, Athletics, Dance, Crochet, Wellbeing, Board Games, Book Club, Painting, Calm and Create.						
<b>2YO</b>	<b>Citizenship</b>	<b>PSED – Making Relationships</b> Engages in parallel play, shows an interest in others & simple social routines.		<b>PSED – Making Relationships</b> Simple turn-taking shows an interest in playing & understands group activities.  <b>British Values Sharing Circles – Rule of Law</b> Know we have rules, know right from wrong, know we must work together & we are accountable for our actions.		<b>PSED – Making Relationships</b> Engages in co-operative play, shows deeper empathy, understands social rules and routines & forms close friendships.	



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Development of Character	<p><b>PSED - Managing Feelings</b> Express a range of emotions Use simple emotional vocabulary</p> <p><b>PSED – Self - Confidence &amp; Self-Awareness</b> Interested in their own identity.</p> <p><b>All About Me</b></p>	<p><b>Christmas Nativity</b></p> <p><b>PSHE – Making Relationships</b> Engages in parallel play Understand simple social routines</p>	<p><b>PSHE - Managing Feelings</b> Expresses a wider range of emotions Starts to recognise basic emotions in others</p> <p><b>RE – Exploring Kindness</b></p> <p><b>PSED – Self - Confidence &amp; Self-Awareness</b> Demonstrates independence in daily routines &amp; begins to express preference.</p>	<p><b>PSHE – Making Relationships</b> Engages in simple turn-taking during play Understand group activities</p> <p><b>RE – Exploring Respect</b></p> <p><b>British Values Sharing Circles – Individual Liberty</b> Have the right to our views, to feel safe &amp; celebrate the everyone is different.</p> <p><b>Easter Egg Competition</b></p>	<p><b>Creepy Crawly Roadshow</b></p> <p><b>PSHE - Managing Feelings</b> Expresses emotions more effectively. Begins to understand more complex behaviour. Begins to recognise when behaviour is not acceptable.</p> <p><b>RE – Exploring Hope</b></p> <p><b>PSED – Self - Confidence &amp; Self-Awareness</b> Stronger sense of self &amp; shows pride in their accomplishments.</p> <p><b>When I Grow Up Stay &amp; Play</b></p>	<p><b>PSHE – Making Relationships</b> Engages in co-operative play. Shows deeper empathy for others’ Forms close friendships with one or two peers.</p> <p><b>RE – Exploring Trust</b></p>	
	<b>Inclusion &amp; Equal Opportunities</b>	<p><b>British Values Sharing Circles – Mutual Respect.</b> We are all different, we respect differences &amp; all cultures are celebrated.</p>	<p><b>British Values Sharing Circles – Mutual Tolerance</b> Everyone is valued; all cultures are celebrated &amp; we share and respect the opinion of others.</p>	<p><b>Chinese New Year Celebrations</b></p>		<p><b>British Values Sharing Circles – Democracy</b> The right to be listened to, respect everyone and their ideas, to play with who we want &amp; listen and respect others.</p>	
	<b>Economic Understanding</b>						
	<b>Understanding Media and Technology</b>					<p><b>Exploring Family Pictures</b></p>	



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	<b>Wider Risks</b>						
<b>Nursery</b>	<b>Citizenship</b>			<b>British Values Sharing Circles – Rule of Law</b> Know we have rules, know right from wrong, know we must work together & we are accountable for our actions.		<b>Creepy Crawly Roadshow</b>	<b>UTW – The Natural World</b> The need to care and respect the world and living things & notice environmental changes.
	<b>Development of Character</b>	<p><b>RE – Love</b> Children learn to love themselves.</p> <p><b>PSED – Managing Self</b> Shows and interest in personal care.</p> <p><b>All About Me</b></p>	<b>Christmas Nativity</b>	<b>PSED – Managing Self</b> Independence when managing personal tasks & take responsibility for personal items.	<p><b>Easter Egg Competition</b></p> <p><b>British Values Sharing Circles – Individual Liberty</b> Have the right to our views, to feel safe &amp; celebrate the everyone is different.</p>	<p><b>RE- Hopes and Dreams</b> Hope for their dreams and believe they can achieve them with effort.</p> <p><b>PSED – Managing Self</b> Independently manages personal care tasks, make independent choices and show growing confidence.</p> <p><b>When I Grow Up Stay &amp; Play</b></p>	
	<b>Inclusion &amp; Equal Opportunities</b>	<p><b>UTW – People, Culture &amp; Communities</b> Continue to develop positive attitudes between people, starting to understand that people have different faiths and beliefs.</p> <p><b>British Values Sharing Circles – Mutual Respect.</b></p>	<b>British Values Sharing Circles – Mutual Tolerance</b> Everyone is valued; all cultures are celebrated & we share and respect the opinion of others.	<p><b>Chinese New Year Celebrations</b></p> <p><b>RE – Kindness</b> Children learn to appreciate and respect people who are different to them.</p> <p><b>UTW – People, Culture &amp; Communities</b> Explore and talk about different cultures, festivals &amp; occupations.</p>	<b>RE –Respect</b> Children learn to respect people who are different to them.	<p><b>UTW – People, Culture &amp; Communities</b> Talk about different countries in the world &amp; shows continued respect for in differences, cultures, customs &amp; family.</p> <p><b>British Values Sharing Circles – Democracy</b> The right to be listened to, respect everyone</p>	



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		We are all different, we respect differences & all cultures are celebrated.				and their ideas, to play with who we want & listen and respect others.	
	<b>Economic Understanding</b>						
	<b>Understanding Media and Technology</b>					<b>Looking at Before/After Pictures</b>	
	<b>Wider Risks</b>	<b>PSED – Self-Regulation</b> Develop an awareness of emotions.		<b>PSED – Self-Regulation</b> Begins to regulate emotions.		<b>PSED – Self-Regulation</b> Increased control over emotions, express empathy & verbalise the cause of their emotions.	
<b>Rec</b>	<b>Citizenship</b>		<b>Visits from People who Help Us</b>	<b>Computing – People Who Help Us</b> <b>PSHE – Managing Self</b> Understand why we have rules and the importance of this.	<b>PSHE – Self-Regulation</b> Being honest & learn how to be an active listener.		
	<b>Development of Character</b>		<b>Christmas Nativity</b> <b>PSHE – Special Relationships</b> Being an individual.	<b>PSHE – Taking on Challenges</b> Rules, perseverance, challenges & resilience.		<b>Creepy Crawly Roadshow</b>	<b>Visit to Sea Life Centre</b>
	<b>Inclusion &amp; Equal Opportunities</b>	<b>UTW - People, Cultures &amp; Communities</b> Begin to talk about community & notice differences in people.	<b>RE – I am Special</b> Why are we all different and special? <b>PSHE – Building Relationships</b> Explore families and special people, individuality &	<b>Chinese New Year</b> <b>UTW - People, Cultures &amp; Communities</b> Describe their own environment, know different jobs & show interest in cultural events, celebrations		<b>PSHE - My Family and Friends</b> Different beliefs & celebrations <b>UTW - People, Cultures &amp; Communities</b> Begin to recognise that	<b>Food Tasting – Different Cultures</b>



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			similarities and differences.	and traditions.		different communities have different traditions.	
	<b>Economic Understanding</b>						<b>Maths – Money</b> Recognising coins.
	<b>Understanding Media and Technology</b>	<b>Computing – Let’s Make an Igloo</b>  <b>Take Photographs</b>	<b>Take Photographs</b>	<b>Computing – People Who Help Us</b> Share their videos and images with their friends, discuss how we can use technology safely.  <b>Take Photographs</b>	<b>Take Photographs</b>	<b>Take Photographs</b>	<b>Computing – Summer Fun</b>  <b>Take Photographs</b>
	<b>Wider Risks</b>	<b>PSHE – Self Regulation</b> Feelings and emotions	<b>Visits from People who Help Us</b>				<b>PSHE – My Wellbeing</b> Exercise, meditation, balanced diet & caring for yourself.
<b>Year One</b>	<b>Citizenship</b>	<b>Local Area Walk – How can we improve our local area?</b>  <b>RE – How can we help those who don’t have a good Harvest?</b>		<b>PSHE – Citizenship</b> Rules in school, needs of younger children & voting.			<b>Science – Environmental Change</b> Climate, renewable and non-renewable energy sources and global warming.
	<b>Development of Character</b>		<b>Christmas Carol Concert</b>		<b>History Workshop – The Great Fire of London</b>	<b>Trip to Farmer Teds</b>	
	<b>Inclusion &amp; Equal Opportunities</b>			<b>PSHE – Citizenship</b> Know that all people are different			



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	<b>Economic Understanding</b>				<b>PSHE – Economic Wellbeing</b> Why people use money, value of money, ways to earn money, money safety, not giving money to strangers & banking	<b>Maths – Money</b> Recognising coins & notes.	
	<b>Understanding Media and Technology</b>	<b>Computing – My Online Life</b> Search engines, rules of technology, online behaviour & uses of technology.		<b>Computing – What is Computer?</b> Technology in the home, classroom & community.	<b>Computing – Minibeasts</b> Sort data, use a search engine, store digital work & take photographs.	<b>Computing – My Friend, the Robot</b> Technology in the home, classroom and community, follow an algorithm, debug a sequence & use logical reasoning.	
	<b>Wider Risks</b>	<b>PSHE – Health &amp; Wellbeing</b> Germs, hand hygiene, allergic reactions, emotions, sun safety & sleep  <b>DT – Cooking and Nutrition</b> Describe fruit & vegetables, name where these grow & prepare to make a smoothie.	<b>PSHE – Road Safety</b> Stop, look and listen, walk safely near the road, how to ride a bike/scooter, car seats and behaviour on transport.	<b>Science – Animals, Including Humans</b> Know, name and label basic parts of the human body and their senses.			<b>PSHE – Safety &amp; the Changing Body</b> Physical Contact, getting lost, injury, harmful on the body, emergencies & emergency services.
<b>Year Two</b>	<b>Citizenship</b>			<b>PSHE – Citizenship</b> Different rules, jobs in the environment & democracy.			<b>Local Litter Picking</b>  <b>Science – Environmental Change</b> Recycling and recyclable and non-recyclable materials.



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<b>Development of Character</b>		<b>Christmas Carol Concert</b>		<b>History Workshop – The Stone Age</b>	<b>Trip to Farmer Teds</b>	
<b>Inclusion &amp; Equal Opportunities</b>			<p><b>PSHE – Citizenship</b> Understand that everyone has similarities and differences.</p> <p><b>RE – Jesus Friend to Everyone</b> Why did Jesus welcome everyone?</p>			
<b>Economic Understanding</b>				<p><b>PSHE – Economic Wellbeing</b> Adults earn money, basic survival, skills and talents, saving money &amp; wants/needs.</p>	<p><b>Maths – Money</b> Counting money, showing equal amounts, comparing money &amp; calculating change.</p>	
<b>Understanding Media and Technology</b>	<p><b>Computing – My Online Life</b> Trusting online content, technology for communication, posting information, online bullying, personal information &amp; online content.</p>		<p><b>Computing – Making Games</b> Create simple game, enhance digital work, predict the outcome of a sequence, create a simple repeat loop &amp; identify bugs.</p>		<p><b>Computing – Presentation and Typing</b> Share, save and retrieve digital work, use technology to organise and present ideas, owned content &amp; create technology.</p>	
<b>Wider Risks</b>	<p><b>Lancashire Fire Service – Fire Safety</b></p> <p><b>PSHE – Health &amp; Wellbeing</b> Sugary drinks, exercise, balanced diet, breathing techniques, emotions &amp; growth mindset.</p>	<p><b>NSPCC Stay Safe Workshop</b></p> <p><b>PSHE – Dental Hygiene</b> Sugary food and drink, brushing teeth, types of teeth &amp; why they are important.</p> <p><b>Science – Animals, Including Humans</b></p>				<p><b>PSHE – Safety &amp; the Changing Body</b> PANTS rule, secrets and surprises, private parts, crossing the road &amp; medicines.</p>



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		<b>DT – Cooking and Nutrition</b> Food groups, food tasting, designing and making a wrap.	Know the importance of exercise, eating the right amounts of different types of food and good hygiene.				
<b>Year Three</b>	<b>Citizenship</b>	<b>Harvest – Items to Local Foodbank</b>		<b>PSHE – Citizenship</b> Rights of a Child, recycling, local councils, voting and charity work.	<b>Nature Walk</b>		<b>RE – Rules for Living</b> What rules should we follow?  <b>Science – Environmental Change</b> Air pollution & pollution.
	<b>Development of Character</b>		<b>Christmas Carol Concert</b>			<b>Trip to Lancashire Farm</b>	<b>History Workshop – Ancient Greece</b>
	<b>Inclusion &amp; Equal Opportunities</b>	<b>Spanish – Greeting with Puppets</b>	<b>Spanish – Numbers &amp; Ages</b>	<b>Music – Melodies &amp; Composition</b> Chinese New Year  <b>Spanish – Shapes &amp; Colours</b>	<b>Spanish – Classroom Objects</b>	<b>Spanish – Where do you Live in Spain?</b>	<b>Spanish – Journey around Latin America</b>
	<b>Economic Understanding</b>		<b>PSHE – Economic Wellbeing</b> Different payment methods, spending money, budgeting, jobs, and job stereotypes.		<b>Maths – Money</b> Counting money, adding and subtracting & counting change.		
	<b>Understanding Media and Technology</b>	<b>Computing – My Online Life</b> Identity, communication online, online bullying, rules online, search engines, negative impacts of being online and permission online.		<b>Computing – Dancing Robot</b> Use decomposition, different content and file types, use local reasoning, plan, create and debug, create digital content & work with inputs and outputs.	<b>Computing – Online Detectives</b> Explore a search engine, use advanced search tools, consequences of ignoring copyright, protecting online identify & analyse information.	<b>Computing – Digitally Awesome</b> Troubleshoot, different types of digital content, explain the internet, understand copyright, analyse information & create with technology.	<b>PSHE – Safety and the Changing Body</b> Sharing online & emails.



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	Wider Risks	PSHE – Health and Wellbeing Tooth decay, relaxation, food groups, loneliness & overcoming problems.		DT – Cooking and Nutrition Fruit and Veg grown in different countries, seasonal fruit and veg & seasonal ingredients.	Science – Animals, Including Humans Nutrition, skeletons & muscles.		PSHE – Safety and the Changing Body Road safety & who influences us.
Year Four	Citizenship			PSHE – Citizenship Human rights, the environment, councillors and local community,			Science – Environmental Change Water usage & ways to reduce water waste.
	Development of Character		Christmas Carol Concert		Planning and Delivering Harvest Worship	Trip to Lancashire Farm	History Workshop – Ancient Greece
	Inclusion & Equal Opportunities	RE – How do people of world faiths pray? Spanish - Dates	Spanish – Pets	Spanish – Weather	Spanish – In a Spanish Café	Spanish – Spanish Celebrations Music – Samba Music	Spanish – The Amazon Rainforest
	Economic Understanding				PSHE – Economic Wellbeing Value of money, buying decisions, roles of a bank account & career change. Maths – Money Comparing & rounding money.		
	Understanding Media and Technology	Computing – My Online Life Online identity, finding information online, fake news, being respectful online, online bullying & effects of technology.		Computing – Endangered Animals Edit and format technology, know that everything you read online isn't true & label the different types of input connections.			



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							problem & create with technology.
	<b>Wider Risks</b>	<b>PSHE – Health &amp; Wellbeing</b> Dental health, job roles, emotions, emotional wellbeing & mental health.	<b>PSHE – Water Safety</b> Safe places to swim, hazards in water, responding to emergencies, effects of cold water & first aid responses.		<b>Science – Animals, Including Humans</b> Digestive system & types of teeth and their function.	<b>DT – Cooking and Nutrition</b> Safety & hygiene, cooking techniques, planning a recipe and meeting a target audience.	<b>PSHE – Safety and the Changing Body</b> Sharing online, public or private, smoking, changes in the body & asthma.
<b>Year Five</b>	<b>Citizenship</b>			<b>Local Litter Collection</b>  <b>PSHE – Citizenship</b> The law, parliament & pressure groups.			<b>Science – Environmental Change</b> Deforestation, impact on habitats and life cycles & how to reduce deforestation.
	<b>Development of Character</b>		<b>Christmas Carol Concert</b>  <b>History Workshop – Ancient Egypt</b>		<b>Planning and Delivering Easter Worship</b>	<b>Trip to Lancashire Farm</b>	
	<b>Inclusion &amp; Equal Opportunities</b>	<b>Spanish – Describing Friends and Family</b>	<b>Lancashire Police – Hate Crime Talk</b>  <b>RE – Christmas around the World</b>  <b>Spanish – Spanish Portraits</b>	<b>Spanish – Sports</b>	<b>Spanish – Food &amp; Drink</b>	<b>Spanish – A Trip across Spain</b>	<b>Music – Composition to represent the Holi Festival.</b>  <b>Spanish – Saving South America</b>
	<b>Economic Understanding</b>				<b>PSHE - Economic Wellbeing</b> Budgeting, income, expenditure, consequences of borrowing money, safeguarding money & careers.		



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	<b>Understanding Media and Technology</b>	<b>Computing – My Online Life</b> Impact of online bullying, passwords, copyright, understanding emails, impact of technology on health & creating a positive online community.	<b>Computing – Lost in Space</b> Decompose a problem, design and algorithm, design a program, use variables, conditional statements, procedures and repeat commands, use logical reasoning to detect and debug a program. & film and produce a short video.	<b>Lancashire Police – Online Safety Talk</b>  <b>Computing – Binary Messages</b> Translate binary numbers, record and produce podcasts, film and produce short videos, make QR codes & use spreadsheets.	<b>Computing – Web Designer</b> Explore networks and internet traffic, use search engines, create a basic web page, improve quality of work & make QR codes.		<b>PSHE – Safety &amp; the Changing Body</b> Messages online  <b>Computing – Online Safety Dilemmas</b> Copyright issues, risks of sharing content, privacy measures, impact of technology and wellbeing & impact of online bullying.
	<b>Wider Risks</b>	<b>Lancashire Fire Service – Road Safety</b>  <b>PSHE – Health &amp; Wellbeing</b> Sun exposure, relaxation, stress, sleep and feeling success.  <b>DT – Cooking and Nutrition</b> Identifying ingredients, nutritional calculators, cut resistance foods & match ingredients to coloured chopping board.	<b>Lancashire Police – Hate Crime Talk</b>  <b>NSPCC Stay Safe Workshop</b>	<b>Lancashire Police – Knife Crime Talk</b>		<b>Science – Animals, Including Humans</b> Life cycles, life processes & development into old age.	<b>PSHE – Safety &amp; the Changing Body</b> Messages online, overcoming pressures, menstrual cycle, reproduction & puberty.
<b>Year Six</b>	<b>Citizenship</b>	<b>Residential Home Carol Singing</b>		<b>PSHE – Citizenship</b> Human rights, government structure, discrimination and prejudice.			



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<b>Development of Character</b>		<p>Christmas Carol Concert</p> <p>History Workshop – Ancient Egypt</p>	Residential Trip			<p>Liverpool Diocese Leavers Assembly</p> <p>Music – Composing and Performing a Leavers’ Song</p>
<b>Inclusion &amp; Equal Opportunities</b>	Spanish – Shopping in Spain	<p>Lancashire Police – Hate Crime Talk</p> <p>Spanish - Clothes</p>	Spanish – Household Tasks	Spanish – School Life	Spanish – Free Time in Spain	<p>RE – World Faiths</p> <p>Spanish – Maya City Treasure Hunt</p>
<b>Economic Understanding</b>			<p><b>Computing – Money</b> Explore currency and wages, understand profit and loss.</p>	<p><b>PSHE - Economic Wellbeing</b> Gambling, emotions, financial responsibilities &amp; safeguarding money.</p>		
<b>Understanding Media and Technology</b>	<p><b>Computing – My Online Life</b> How media can shape our ideas, positive online reputation, capture evidence of online bullying, copyright and keeping data private.</p>	<p><b>PSHE - Social Media</b> Impact of social media, digital footprints &amp; age-restrictions.</p> <p><b>Computing – Crossy Roads</b> Create complex program, test, debug and modify a program, use local reasoning &amp; correct errors in algorithms.</p>	<p><b>Lancashire Police – Online Safety Talk</b></p> <p><b>Computing – IT Money</b> Create digital content, create a digital storyboard, combine media &amp; know people online influence decisions.</p>		<p><b>Computing – Coding Playground</b> Use search engines, create a consistent design, create a digital storyboard, use logical reasoning &amp; combine a range of media.</p>	<p><b>PSHE – Safety &amp; the Changing Body</b> Online relationships &amp; online problems</p>
<b>Wider Risks</b>	<p><b>Lancashire Fire Service – Road Safety</b></p> <p><b>PSHE – Health &amp; Wellbeing</b> Vaccinations, illness, physical and mental health, good and bad habits.</p>	<p><b>Lancashire Police – Hate Crime Talk</b></p> <p><b>NSPCC Stay Safe Workshop</b></p>	<p><b>Lancashire Police – Knife Crime Talk</b></p> <p><b>DT – Cooking and Nutrition</b> Following a recipe, identifying where food comes from &amp; finding suitable ingredients.</p>		<p><b>Science – Animals, Including Humans</b> Circulatory system, functions of the heart/blood/vessels and blood, impact of diet/exercise/drugs and lifestyle, how the heart works &amp; how</p>	<p><b>PSHE – Safety &amp; the Changing Body</b> Online relationships, online problems, drinking alcohol, conception &amp; puberty</p>



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